



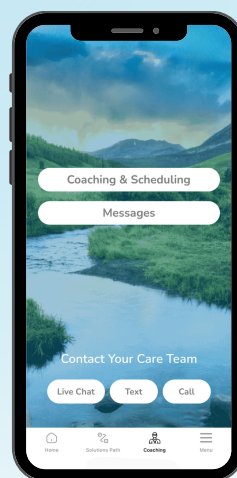
Confidential Certified Life Coaching and Counseling Services





Your mental well-being is the foundation of a healthy, fulfilling life. When challenges arise, early support can make a difference. Bree Health provides confidential Certified Life Coaching and counseling to help you navigate life's ups and downs with confidence.

- **Professional Guidance:** Access Certified Life Coaches and counselors for stress, anxiety, relationships, career growth, and more.
- **Flexible Sessions:** Schedule time with a Certified Life Coach through the Bree Health app, or connect with a mental health professional via phone, video, chat, or text—whenever and however works best for you.
- **Personalized Care Matching:** Bree Health helps match you with the best mental health professional based on your specific needs and goals.
- **Confidential & Secure:** Your privacy is protected under strict HIPAA guidelines, ensuring complete confidentiality.

Access Barrier-Free Mental Health Resources via the Mobile App.



 (800) 327-2255

 login.breehealth.com

 Mobile App: Bree Health